



LETITION to:

AUSTRALIA FOR CLIMATE ACTION

Climate and Mental Health, Federal Members

Hon Chris Bowen MP

Member for McMahon

Shops 3 & 4, 398 Hamilton Road, Fairfield, NSW, 2165

Date:

Dear Hon Chris Bowen MP

From:

Name: [Your name will be inserted here]

Address:

Email:

Phone:

SAMPLE

I write to you as a concerned voter, to express my deep concern about the [mental health impacts of climate change](#), an issue that is increasingly pressing in Australia. Research indicates that climate-fuelled disasters have [significantly affected the mental well-being of Australians](#), with over half reporting some impact on their mental health, and one in five experiencing major or moderate effects.

[Australian](#) and [international](#) research highlights the significant number of people (between 20-50%) living through extreme weather events develop [anxiety, depression, PTSD](#), and other mental health issues. For every individual physically injured by a natural disaster, 40 more will [suffer psychological impacts](#).

This is compounded by the rise of 'eco-anxiety', as [our youth grapple](#) with the threat of irreversible ecological damage: A recent [Australian survey](#) of children between 10 and 14 reported that one in four participants believe the world will end before they grow up.

We urge you to consider these findings and take decisive action. We must take action to protect our country, our world and our planet. We must mitigate the [mental health repercussions of climate change](#). We invite you to meet with us to discuss how we can work together to address climate change and its impact on Australian's mental health. Your leadership is crucial in ensuring the well-being of our community and the protection of our environment.

When can we schedule a community meeting with you to address our climate concerns?

Yours sincerely

Signed by _____

Additional Comments

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